

Rufi Shaikh

Rufi Shaikh is a doctoral scholar at the International Institute for Population Sciences (IIPS, Mumbai). Her focus lies in dissecting morbidity, mortality dynamics and disease burden in India. She harbours deep interest in lifestyle health behaviours, with expertise in public health, biostatistics, and epidemiology. Her research focuses on gender and regional mortality differences related to health risk behaviours, particularly in low and middle-income countries, exploring how these factors affect life expectancy and contribute to health disparities. She excels globally with publications in esteemed Scopus indexed journals and presentations at national and international conferences. She has also analysed extensive demographic and pharmaceutical datasets for institutions like the Centre for Monitoring Indian Economy (CMIE), Reliance Health Foundation and Sankhya Analytics. She holds a BSc in Statistics from St. Xavier's College and postgraduate in Biostatistics and Demography from IIPS.

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